

NEWSLETTER

Strive For Excellence



YEAR 7 CAMP HOWQUA

This week marked a significant milestone for our Year 7 students at Bendigo South East College—their very first school camp since joining our community! Excitement was in the air as they embarked on their adventure to Camp HOWQUA, a place known for its vibrant atmosphere and array of engaging activities.

Throughout the week, our students had the opportunity to dive into a variety of outdoor experiences that challenged their courage, sharpened their skills, and strengthened their camaraderie. From horse riding across scenic trails to testing their bravery on high ropes, there was no shortage of thrilling moments. The archery range saw students aiming for accuracy, while the flying fox sent them soaring across the sky, adding an adrenaline rush to their day.

Not to be outdone, the waterslide offered a fun and wet escape from the routine, and the low ropes course demanded teamwork and problem-solving, key skills that will serve them well beyond their camp days. Disc golf and various ball games provided a perfect mix of leisure and competition, ensuring that every student found something to enjoy.

Photos and stories from the camp highlight the sheer joy and excitement on the students' faces—it was evident that they had a heap of fun. These experiences not only allow them to explore new activities but also help in building self-confidence, resilience, and a sense of community among the classmates.

As our Year 7s return, they bring with them not just dirty laundry, but also tales of adventure, new friendships, and a newfound appreciation for the outdoors and each other. This camp was not just days away from school but a memorable journey that will hold a special place in their hearts as they continue their journey at BSE.

We look forward to many more adventures with this enthusiastic group of students and can't wait to see how they apply their camp experiences to their everyday learning and life at BSE. Here's to many more exciting escapades in the future!

More Photos on Page Six + Seven

RESPECT

INTEGRITY

TEAMWORK

RESILIENCE

Friday 19th April 2024

FROM THE PRINCIPAL'S DESK



Welcome back to Term 2, with a very warm welcome to new students and families starting their BSE journey.

Like all our terms, this one will pass quickly, filled with a variety of events and activities. The June/July holidays will be here before we know it! This week, the students were reminded of important rules and procedures regarding uniform, manners, and respect for our college. Parents/carers have also received an email reminding families of all college policies and important dates for events occurring during the term.

As a community, we all have a role to play in continuing to make BSE a wonderful and outstanding school for learning and enjoyment.

I hope the term break was a wonderful time to pause, take stock, and reflect on 'what has been' and 'what is ahead.' I encourage students to build on the progress from Term 1.

It is important to celebrate all accomplishments, and we hope you will continue striving in your own way, even if it's not in the academic arena.

Building good habits sets you up for a successful term. Whether it is helping to pitch a tent, make a campfire, stay on a stand-up paddleboard, solve a puzzle, finish a level in a video game, train with a team, or practice an instrument, there are always lots of opportunities to develop our capacity to strive. It's good to remember that striving—or the process of working towards your goals—can be enjoyable and bring joy, and that hobbies or pursuits outside school are also important to support our achievements at school.

What really makes us happy? Harvard University has conducted a longitudinal study on happiness, which, at 86 years in duration, is the world's longest such study. The study's recent findings show that "close relationships, more than money or fame, are what keep people happy throughout their lives." The impact of these relationships is equally important, regardless of context—friendships, family, and other social supports are all crucial in determining happiness for the project's participants.

Why is this so important for teenagers?

The study found that young people "tally the lowest life-satisfaction scores among all age groups." This new finding is a direct reversal of survey results obtained in 2000. The downward trend in young people's happiness began during the early stages of the COVID-19 pandemic, and it is now clear that it is continuing.

The Director of the Harvard Study reminds us that "nobody is happy all the time," and not being so does not mean "we're doing something wrong." He speaks about life's challenges, its obstacles, and its ups and downs.

Relationships are not only "a way to increase our happiness" but also form a "safety net" of support that can help us during "those hard times that all of us face in our lives." Young people will encounter challenges, obstacles, and grief, but adults helping their schoolchildren to develop positive, healthy relationships as part of a holistic approach to wellbeing can give them the best chance for long-lasting happiness.

"Your life doesn't just 'happen.' Whether you know it or not, it is carefully designed by you. The choices, after all, are yours. You choose happiness. You choose sadness. You choose decisiveness. You choose ambivalence. You choose success. You choose failure. You choose courage. You choose fear. Just remember that every moment, every situation, provides a new choice. And in doing so, it gives you a perfect opportunity to do things differently to produce more positive results."

— Stephen Covey, 'The 7 Habits of Highly Effective People'

TERM 2 EVENTS

- Building on the College's Anzac Day Service being held on Wednesday, 24 April, the College Student Representative Council Executive members will attend the local Dawn Service and the Morning Services on Thursday, 25 April.
- Pupil Free days in Term 2 will be held on Wednesday, 1 May, and Friday, 7 June, when students are not required to attend.

Be Kind Stay Safe,



Glen Donald
Principal





2024 CROSS COUNTRY

On the last day of Term One, Bendigo South East College was abuzz with the spirit of friendly competition and sportsmanship as 140 students laced up for the 3km cross country event.

With determination and the unmistakable air of mateship, students from all year levels tackled the course. It was a display of athleticism and endurance, sure, but also of immense school spirit and camaraderie.

The race was a celebration of both individual effort and collective encouragement. As students crossed the finish line, the sense of achievement was shared by all. Each panting breath and bead of sweat was a testament to their commitment and hard work.

The event saw some exceptional performances across the different age groups:

In the 13 Girls category, Lainey Ratcliffe sprinted to the finish as the Age Group Champion with an impressive time of 11.45, setting the pace for her fellow competitors.

The 14 Girls category was led by Caitlin O'Brien, who clinched the Age Group Champion title with a remarkable time of 12.20.

Amalie Blanchard triumphed in the 15 Girls category with a strong finish at 13.18, earning her the title of Age Group Champion.

Not to be outdone, Ebony Beesley raced ahead of the pack to secure the Age Group Champion spot in the 16 Girls category with a swift time of 11.30.

Among the boys, Charlie Fells claimed the 13 Boys Age Group Champion title with an excellent finish at 11.18.

Fletcher White powered through to be named the 14 Boys Age Group Champion, clocking in at an outstanding 10.34.

Lachie Edwards dominated the 15 Boys group with a swift finish at 10.23, taking home the Age Group Champion honors.

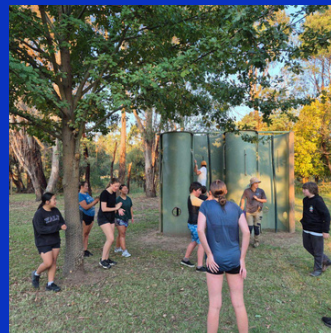
And in the 16 Boys category, Avery McDermid set an astounding pace, becoming the Age Group Champion with a time of 9.09.

The school ground was alive with cheers, support, and congratulations as the place-getters were announced, celebrating the fantastic efforts of all participants.

Congratulations to all our runners—you've made us proud!



YEAR SEVEN CAMP HOWQUA



YEAR SEVEN CAMP HOWQUA

COLOUR RUN



The last day of Term One at Bendigo South East College was a kaleidoscope of happiness as students and staff came together for the annual Colour Run. This loved event, eagerly anticipated each year, lived up to its reputation as a highlight for the BSE community.

The air was electric with excitement as participants donned white t-shirts, ready to be transformed into moving mosaics. With each checkpoint, bursts of colour flew, painting the sky and runners alike in vibrant shades of joy. The laughter was contagious!

Amidst the rainbow showers, the Colour Run was more than just a fun run—it was a celebration of the spirit and unity that makes BSE so special. With colour thrown representing the diversity and vibrancy of our school community. It was a picture-perfect display of inclusivity, where every student and teacher could let loose and share in the collective joy.

Photographs from the event capture the sheer delight on faces smeared with pinks, blues, yellows, and greens. They tell stories of a day where the only thing that mattered was the laughter shared, the memories made, and the joy of being part of something so lively and colourful.

As the event came to a close and the dust settled, the impact was clear. The Colour Run had once again reinforced the strong bonds within our school, leaving everyone covered not just in colour, but in happiness. The vibrant aftermath was a testament to the event's success—a success measured in the smiles on students' faces and the camaraderie among staff.

BSE's annual Colour Run is more than a tradition; it's a testament to the school's commitment to creating a fun, engaging, and harmonious environment for all. As we now look towards Term Two, the Colour Run has set a high bar for the excitement and unity we hope to continue throughout the year.

HARMONY WEEK

**YOU
BELONG
HERE!**

Harmony Week Highlights at BSE!

We had an incredible Harmony Week filled with many activities!

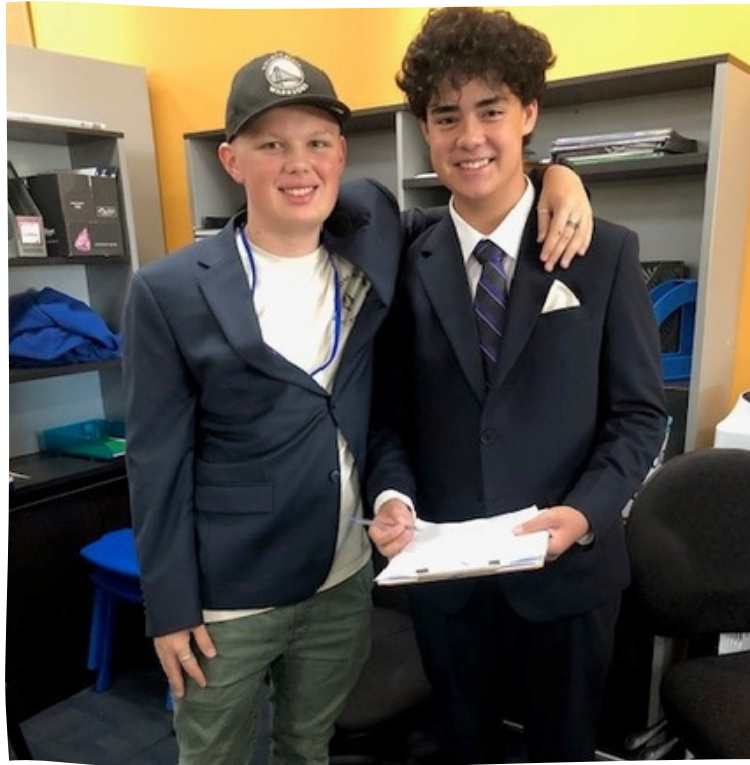
From trying different foods at our International Lunch to sweet treats from lollie bags, engaging in sporting activities, and striking a pose in our photobooth!



Celebrating our diverse community has never been more delicious, fun, and photogenic!



MORRISBY PROFILE



Year 9 students recently had the fantastic opportunity to unpack their My Career Insights 'Morrisby Profile' during their one-to-one consultation with a Career Practitioner. My Career Insights helps students to learn about what skills and abilities they could bring to a career, and find out about what jobs match their abilities, interests and personality, along with the subjects they need for those jobs.

Excited students got the chance to discover how the program helped to identify their personal attributes, skills and interests, based on the way they responded throughout the extensive online profiling, and then suggest some possible career pathways. Students were pleased to confirm pathways they had already dreamed of, whilst also being surprised at some of the interesting suggestions identified they may not have previously considered.

The few remaining students to complete their online profiling are encouraged to do so ASAP. Those who missed their personal one to one consultation will have the opportunity to do so early in Term 2. All Year 9s will be encouraged to continue accessing their profiling results throughout the year and beyond, especially as they consider subject selections for next year and aligning with potential pathways.

Steph Jelbart
The Careers Hub

Classroom News

At Bendigo South East College, students are showcasing their skills across various disciplines.

In woodwork, they're crafting practical items like chopping boards, fold-up stools, and old-style chests. STEM enthusiasts are utilising 3D printers and laser cutters to design and build battle robots, demonstrating prowess in engineering and programming.

In metals, students are mastering heat manipulation to create BBQs, rings, and other metalwork projects.

From intricate woodworking to cutting-edge robotics and metallurgy, our students exemplify creativity and innovation, making our technology department a hub for hands on learning and skill development



VISUAL COMMUNICATION

Students in Visual Communication have had a busy Term One getting their designs ready for their summative assessment.

Students have explored a range of different design projects this term. Year 8 students have been investigating Adobe Photoshop and designing graphics based on artist and designer Howard Arkley, with students applying their knowledge to create their own colourful house designs.

They also created their first logo project and packaging for an ice creamery. Student's designs were placed on display in D6. Year 9 students have been working on using type and lettering to create Mandela graphics in Adobe Illustrator. These designs were then applied to a series of interior mock ups and products. Students' Mandela project are on display in the walkway area in-between E6 and E7.

Recently, students have been exploring positive and negative space to create a poster for a movie of their choice. Year 10 students have been working on a range of different tasks this term. Students have been designing a perfume / fragrance based on an artist of their choice, created a logo, exterior and packaging for a business and designed and created a graphic that used pattern, line and shape. Students then applied this graphic onto a range of fashion themed templates and products. These designs are on display in H5.

Well done to all the Visual Communication students for all their hard work this term.



ACA VISITS NGV



In the first week of March, a large group of ACA students had the chance to jump on a train and head to Melbourne. We visited the National Gallery of Victoria for the Triennial exhibition.

The NGV Triennial 2023 is a powerful and moving snapshot of the world today, captured through the works of 100 artists, designers, and collectives at the forefront of global contemporary practice. This is the second Triennial Exhibition and is planned to run every three years.

The whole gallery, spanning all four levels, was dedicated to the exhibition. The works were incredibly diverse, including digital creations, installations, sculptures, prints, films, animations, photography, textiles, and design. From First Nations artists to a banana taped to a wall, there was something to appeal to all our students and the general public.

After touring the gallery, we proceeded next door to the Music Vault. The Australian Music Vault, developed by Arts Centre Melbourne in consultation with the music industry, is a celebration of the Australian contemporary music story – past, present, and future.

It's a place to explore a passion for music, to revisit some of the big music moments of our lives, and to discover the exciting new stories of today's Australian music scene.

The Music Vault is another free exhibition and features costumes, posters, and instruments that belonged to some of Australia's most renowned musicians. There are also interactive videos throughout the space with interviews from local artists, managers, and promoters.

Special thanks to our ACA Visual Arts Coach, Genevieve, and our parent volunteer, Mim, who dedicated their time to spend the day with us. It was wonderful to have them join us on this adventure.

"It was pretty fun. Taking the train down to Melbourne and back was a great way to hang out with friends. I enjoyed seeing all the different art pieces and sculptures. I was a bit surprised to see robots there, as I hadn't really thought of them as art before, but the variety in the works was impressive. The Music Vault museum was fun too." — Charlie

"It was an amazing experience to see some incredible artworks. Everyone enjoyed it. I particularly liked a piece that resembled a weather pattern rug." — Noah

"I liked the banana on the wall." — Jayd

"I had a nice kebab." — Leaf

"The Music Vault was inspiring and really educational about Australia's musical history. It was great to see all the memorabilia and instruments that have been worn and played by some of Australia's greatest musicians." — Ari

Academy of Creative Arts

In the last week of term one, ACA Visual Artists visited the La Trobe Art Institute on View Street during their regular Masterclass time. They were greeted by one of the gallery's curators, who discussed the themes of the exhibition as well as the processes and ideas of some of the featured artists. The students spent around 15 minutes on a self-guided tour of the two distinct exhibitions, 'Pliable Plains' and 'Dressings'.

'Pliable Plains' brings together 12 Australian practitioners who reimagine the craft of textiles and fibre art. The exhibition showcases contemporary artists experimenting with materiality and spatiality through unexpected methods of creation.

As a traveling exhibition, one of four annual exhibitions hosted in the space, the works varied greatly, some vibrant in color, others subtler in hue.

'Dressings' reveals historically obscured or modified themes, furthering the artists' exploration of queer sensibilities within Australian modernism. Various techniques of screening and display are utilized to simultaneously conceal and highlight elements of the installation.

'Dressings' is featured as one of two annual exhibitions presented in the front window space, with works building upon the same foundational concepts as the internal exhibition.

Following the gallery visit, we went to Rosalind Park for a weaving activity that aligned with the exhibition's themes. It was a delightful afternoon in the park, and the weaving served as a beneficial exercise in mindfulness.

"Our excursion was very enjoyable. The tapestries accompanied by sound were particularly striking, and I found 'The Nurses' with the plague flags cascading down the wall onto the floor to be really cool."
— Chloe

"It was both fun and intriguing. I was especially taken with the nurse plague artwork."
— Bella

"The experience was engaging and enjoyable. I appreciated viewing all the different artworks. I also loved the opportunity to weave in the park; sitting on the grass and engaging in the activity was wonderful."
— Lainey



BENDIGO SOUTH EAST COLLEGE CAREERS + PATHWAYS

		Compulsory Work Experience	Compulsory Pathways Activities @ BSE
Pathways WEEK 1	June 17 - June 21	ALEXANDRA + ROSALIND	FORTUNA + SHAMROCK
Pathways WEEK 2	July 29 - Aug 2	FORTUNA + SHAMROCK	ALEXANDRA + ROSALIND

WHAT'S NEW
on the Careers+Pathways@BSE site -

<https://sites.google.com/bse.vic.edu.au/careerpathwaysbse/whats-new>

CHECK OUT

- New work experience opportunities
- New job opportunities
- New Defence Force opportunities
- New training opportunities
- New excursion opportunities



TERM TWO

APRIL + MAY IMPORTANT DATES

2024

**MON
15TH
APR**

FIRST DAY OF TERM 2

**ANZAC DAY
ASSEMBLY**

**WED
24TH
APR**

**THUR
25TH
APR**

**ANZAC DAY
PUBLIC HOLIDAY**

PUPIL FREE DAY

**WED
1ST
MAY**

**SUN
5TH
MAY**

BSSC OPEN DAY

**YEAR SEVEN
INFORMATION
EVENING**

**MON
6TH
MAY**

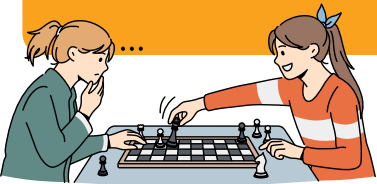
BSE Weekly Activities



CHESS CLUB

Chess Club
in the Library

Wednesdays at Lunchtime



HOMEWORK CLUB

Each Monday
3:30pm - 4:30pm
In the Library.



JUST DANCE

With Mrs Seery in the
Theatre. **Friday**
Lunchtimes.

Table Top Games

Every Friday in the
Library.

ALL year levels welcome.



CHAPTER CHAT

Book Club

Mondays in library
at recess.



COMMUNITY NOTICE BOARD



RAW Arts Awards 2024

ENTRIES ARE NOW OPEN

Looking towards 2024 Term 3



PROPS THEATRE

@propstheatre @ f

Stage Three for 13-16 years
Stage Four for 16-21 years

LOCATION
82A Mitchell Street Studio
www.propstheatre.com.au
2023 Enrolments OPEN

SCAN ME



D.I.Y

Drop in for *Youth*

Find out more about accessing mental health support.

1st and 3rd Thursday of each month between 3:30pm - 5:00pm



- meet and greet with a psychologist
- ask any questions
- find out more about what to expect from therapy
- understand how to navigate the 'mental health system'
- find out what supports are available

FREE drop in session @ Get Psych'd Youth Psychology
co-located at the YO Bendigo Youth Facility 45 Mundy Street, Bendigo

15 minutes. 1 on 1 time. No appointment needed.

Parents/carers welcome. Get in touch - 03 4416 3221

2024 Storm Under 15s Girls Football

If you interested in having a kick, making new friends and joining a great club come and be a part of the Storm team.

We still have capacity to take on more players in our Under 15s girls team. (birth years 2009/2010/2011).

Come and join the girls at their 2nd training session this Sunday, 9:45am at the Catherine McAuley College, Trotting Terrace - Junortoun.

For more information please contact our registrar at juniorregistrar@strainsstorminc.com.au.

Please share this post to anyone that may be interested in playing in 2024.

STORM FOOTBALL

UNDER 15 GIRLS PLAYING SPOTS STILL AVAILABLE



PLAYERS WANTED



BENDIGO NORTHERN FLAMES

CONTACT
registerflamesjnc@gmail.com

COMMUNITY NOTICE BOARD

McLean's Martial Art



Karate Classes



TWO INTRODUCTORY LESSONS.

Are you ready to get Serious?

LET'S GET Training IDEAL FOR EVERYBODY OF ALL AGES

Where : The IronBark Tennis Club Community Hall ,
230-238 Don St Ironbark,
(Bendigo)

When : Wednesdays 6pm-7pm
Saturdays 9:30 am -10:45am
IDEAL FOR EVERYBODY ,OF ALL AGES.
• 61432-303-901



SANDHURST DRAGONS HOCKEY

Looking for community sport?
Wanting to try new skills? Want to include the whole family?
Try field hockey!

U8/10 - Saturday morning
U12 - Friday evening
U14 - Monday evening
Masters - Monday evening
Senior Game Day - Sunday

Sandhurst Training - Wednesday
5:30pm Juniors
6:30pm Seniors


Contact Kim via sandhursthc@gmail.com for more information

D.I.Y

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1st and 3rd Thursday of each month between 3:30pm - 5:00pm



- meet and greet with a psychologist
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15 minutes. 1 on 1 time. No appointment needed.
Parents/carers welcome. Get in touch - 03 4416 3221



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COME AND TRY

JUNIOR BADMINTON

WHERE: 140 VICTORIA STREET, EAGLEHAWK

AGES: 5-18

FIRST NIGHT IS FREE

UNDER 12 TRAINING
6:15-7:15PM

UNDER 18 TRAINING
7:30-8:30PM

SCHOOL TERMS ONLY

FRIDAYS

JUNIOR COMPETITION
6:45-8:30PM

SCHOOL TERMS ONLY

CALL 0499 731 811 TO ENQUIRE TODAY



STRATHDALE HOCKEY

COME GIVE HOCKEY A GO!

COME DOWN AND GIVE IT A TRY!
EVERY THURSDAY NIGHT

@ HOCKEY CENTRE ON ASHLEY STREET, IRONBARK

JUNIORS - 5:45-6:45PM
SENIORS - 7-8PM

FOR ANY ENQUIRES PLEASE
EMAIL: strathdalehc@gmail.com

KOORIE YOUTH FLICK FEST 20 24



Open to Aboriginal
young people aged 25
and under

Living in
Central Victoria

Entries close
Monday
May 6

2 winners to be announced

\$1,000 for each winner

Films must focus on the theme of
'Our Generation'

& must be no longer than 3 minutes

This competition is open to anyone with a smartphone,
tablet or camera and who has a story to tell.

— no fancy equipment or big budget is needed!

The local judges are looking for films that highlight
story-telling, creativity, originality and local stories,

& less on production quality or effects.

Registration
form, submission
and guidelines
via QR code



More info: contact Fiona
f.machin@bendigo.vic.gov.au
or 0448 298 971

Proudly brought to you by



HOME GAME



VS



BENDIGO STRIKERS

BOROONDARA EXPRESS



Ruby Turner

Ruby Barkmeyer

red[™]
energy  **arena**

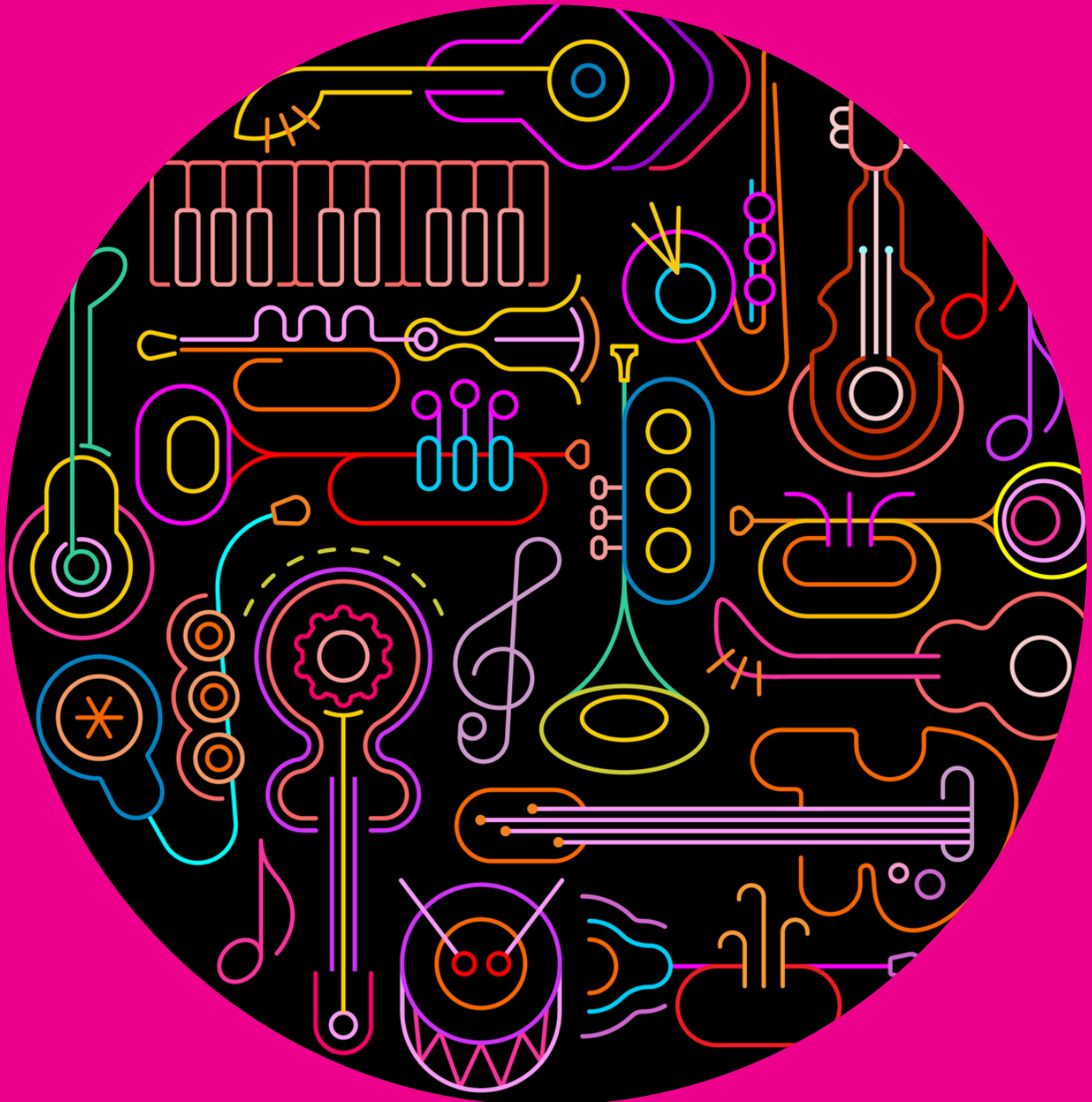
ROUND 8

SUNDAY 28 APRIL
23 & UNDER 2:00PM
CHAMPIONSHIP 3:30PM

TICKETS ON SALE NOW AT TICKETEK



PLAY MUSIC



Learn an instrument

Make new friends

Challenge yourself

IN 2024

For More Information: Scan the QR Code and take the survey.

or

Contact Gavan at: admin@bimp.org.au



Benefitting the health and wellbeing of our Bendigo school children

Fresh Fruit Program in local schools

Proudly funded by:



@mckernsteelfoundation

