

NEWSLETTER

Strive For Excellence

ROSALIND



ROSALIND WINS!

On Monday, the 19th of February 2024, we had our whole college swimming carnival. It was a lovely sunny day, and it was great to see students getting in the pool. The Super Fish award winners for the fastest 50-metre freestyle go to Seb Freer with a time of 32.93 and Millie Kerr with a time of 33.00. Congratulations to Rosi for being the overall house champions with a total of 1,852 points.

Written By Jorja Bell

More Results + Photos on Page Six

Friday 1st March 2024

FROM THE PRINCIPAL'S DESK



Now that we are halfway through the term and completing or heading towards summative assessment tasks in most subjects, it is timely for our students to update their goals that they made at the beginning of the year based on feedback from staff on their progress to date.

Goals are useful for students of all ages. From the start of the year 'Ready to Learn Interviews', I'm sure goals for your child's learning has been a topic of discussion. It is worth discussing these with them and talking through what is going well and what they need to develop further as they will have received feedback via formative assessment tasks in the first 5 weeks of the term. Goal setting is familiar to our students as they regularly set and measure goals in class using the subject rubric. Teachers are continuously gathering data on your child to help guide future learning.

All assessment results are shared on Compass.

As we approach the end of term assessment, nervousness from students is not uncommon. Coping strategies are important to teach from a young age, as testing is designed to ascertain how much a student knows; so, a child that is anxious is not likely to be able to demonstrate their best.

Here are a few tips to help with assessment apprehension:

Adopt a Growth Mindset - Focus on 'doing your best', not 'being the best'. If we consistently reinforce to children that we want them to do their best, then this is seen as achievable by them and builds confidence in them.

Be prepared - Incorporating extra learning opportunities will allow for skills to be consolidated before the test arrives. BSE Homework Club runs every Monday afternoon from 3.30pm–4.30pm with staff available to provide additional support to students in the College Library.

Fuel up - Maintaining a healthy lifestyle that incorporates good food, exercise and adequate amounts of sleep will ensure students are ready to learn and therefore able to recall knowledge and skills easier around assessment time.

Remove external stressors - Arriving at school on time and avoiding the morning rush can ease a student into the school day and therefore assist them to be in the correct frame of mind for assessment on that day.

Read the question - It is important to encourage students to slow down and read the question more than once to ensure they know what it is asking them to demonstrate.

At the end of 2023, BSE relaunched its Teaching and Learning Model to include high impact wellbeing strategies to reflect that learning and wellbeing go hand in hand at the college. The model provides our staff with a philosophical and pedagogical reference point for what we value most highly as a learning institution and our undertaking to lead with the best-practice approaches in education. As a school in 2024 we have commitment to a focus on differentiated teaching. It is one of the high impact teaching strategies of our Teaching and Learning Model. Differentiation refers to the methods teachers use to extend the knowledge and skills of every child, in every subject, regardless of the starting point. Throughout the school day, all teachers make modifications in small but significant ways. However, the aim of a planned, explicit differentiated program is to lift the performance of and provide appropriate challenge for all students. At the core, differentiation is a response to modify instruction considering student differences. As a result of these efforts BSE can continue providing a positive learning environment for students and staff.

Facilities Projects

With the stadium change room project still to reach completion an exemption to the Student Dress Code is in place until the end of term 1, 2024 so that students can wear sport uniform all day when they have a scheduled PE class. (They will still need to bring leather school shoes if they have a Science or Technology class on the day).

We will have another accessibility project being launched during the year with the works to provide increased access for all students between our multi-levelled site. Additional ramps will be put in place to transport students from the lower level of the college down to our outdoor courts and soccer pitch. The stadium all access toilet will receive a major upgrade as well. We have had quantity surveyors on site and on Monday, soil testing will take place.

Mobile phones

The Education Department's Students Using Mobile Phones Policy remains in place. Mobile phones must be switched off and not used during the school day onsite or during school activities offsite. Every student has a secure phone locker allocated for the devices to be stored in.

Student Safety

I'd like to take this opportunity to ask our college community for their support during the busy morning drop off and afternoon pickup times and cooperating with the safe traffic measures. With everyone's assistance the flow of vehicles around the school will improve significantly. If we avoid student drop/collection by parents/carers in cars from Curtin Street we will notice a big difference with the buses being able to access the site more safely, thus allowing them to drop/collect students and depart in a timelier fashion. Students needing to cross streets around the college should do so at pedestrian crossings in Sharon Street, Curtin Street and the one that has a Crossing Guard on Ellis Street. If parents/carers are unable to get a park on the college side of the street please consider using the large gravel car park off Keck Street as the student drop/collection point.

I need your support in keeping BSE a safe place for our BSE community.

As we enter the second phase of the school term, students should ensure that they take good care of themselves both emotionally and physically. At this time of the term, it is important that our students build up their resilience through healthy sleep, exercise and eating regimes.

Be Kind Stay Safe,



Glen Donald
Principal





A PREMIER VISIT!

On the 23rd of February, the VCE Legal Studies students from Bendigo South East College and Weeroona College were treated to a visit by the Honourable Premier of Victoria, Jacinta Allan. Her visit coincided with the students currently learning about the relationship between Parliament and the courts, the process of law-making, and legal foundations. Students were able to ask questions to gain a firsthand look at the inner workings of Australian politics.

Through her discussion, she was also able to provide a unique perspective on her rise to her position in government. In 1999, Jacinta Allan was elected the Honourable Member for East Bendigo and is on record as being proud to represent the Bendigo region in the Victorian Parliament. Her commitment to Bendigo is very clear in how she speaks about it and how she aims to support it moving forward to continue its positive growth.

Some of her other notable appointments have been the Minister for Transport and Infrastructure, Minister for Women's Affairs, Minister for Education Services, and Minister for Employment and Youth Affairs. She was then endorsed as Premier in September 2023 and is the second female Premier of the state.

We extend our gratitude to the Honourable Jacinta Allan for taking the time to come and speak with our students. This experience has been an invaluable opportunity that has inspired our students to hopefully lead our community into the future.

BSE SWIMMING CARNIVALS RESULTS

AGE GROUP CHAMPIONS

AGE GROUP	MALE	HOUSE	FEMALE	HOUSE
U13	Sean Maher	Rosalind	Billie Moss	Rosalind
U14	Graidey Maserio	Rosalind	Lora Soko	Rosalind
U15	Mitch McCann	Alexandra	Keziah Soko	Shamrock
U16	Seb Freer	Fortuna	Mieke Lodewijks	Rosalind

SUPER FISH AWARD WINNERS – Fastest 50 Meter Freestyle

	NAME	TIME	AGE GROUP
MALE	Seb Freer	32.93	U/16
FEMALE	Millie Kerr	33.00	U/15

HOUSE CHAMPION - FEMALE

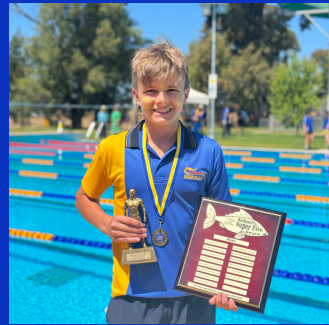
	HOUSE	TOTAL POINTS
1 ST PLACE	ROSALIND	970
2 ND PLACE	FORTUNA	743
3 RD PLACE	SHAMROCK	587
4 TH PLACE	ALEXANDRA	412

HOUSE CHAMPION - MALE

	HOUSE	TOTAL POINTS
1 ST PLACE	ROSALIND	882
2 ND PLACE	FORTUNA	802
3 RD PLACE	ALEXANDRA	717
4 TH PLACE	SHAMROCK	498

OVERALL HOUSE CHAMPIONS

	HOUSE	TOTAL POINTS
1 ST PLACE	ROSALIND	1852
2 ND PLACE	FORTUNA	1545
3 RD PLACE	ALEXANDRA	1129
4 TH PLACE	SHAMROCK	1085



2024 Swimming Sports



North Melbourne Football Club Insights and Inspirations for BSE College's AFL ADP Squad

Monday, 12th February, was a remarkable day for about 60 eager students from the AFL Academy Development Program (ADP) Squad at Bendigo South East College. The students had the unique opportunity to engage in a Q&A session with players from North Melbourne during their community camp visit to Bendigo.

The session was not just a meet-and-greet; it was a deep dive into the life of an AFL player. Our students had the floor to ask pressing questions, gaining insights into the multifaceted journey of professional athletes. The North Melbourne players shared their experiences, covering a wide array of topics from the various pathways to becoming an AFL player, the rigorous training expectations, and overcoming injury setbacks, to the importance of nutrition and mental health.

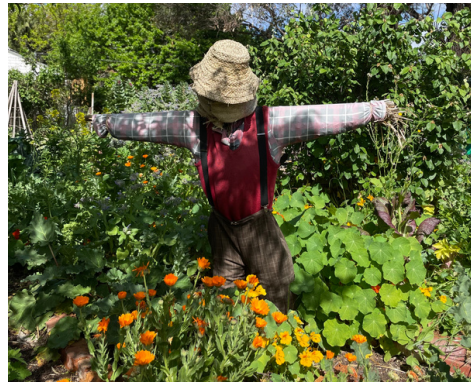
The players' openness and the depth of their answers provided our students with a comprehensive understanding of what it takes to excel in the demanding world of Australian Football. It was an enlightening experience that went beyond the glamour of the sport, highlighting the dedication, resilience, and hard work required behind the scenes.

The session ended on a high note, with students having the opportunity to collect autographs and take photos with their AFL idols. This personal interaction added a wonderful touch to an already memorable day, leaving our ADP AFL squad members inspired and motivated.

We extend our thanks to the North Melbourne players for sharing their time and experiences with us. Their visit has undoubtedly sparked dreams and aspirations in our students, illustrating the power of sports as a tool for personal growth and development.

It's days like these that remind us of the importance of community engagement in sports, offering our students not just skills for the field, but lessons for life.

Here's to many more inspiring visits and to the bright futures of our ADP AFL squad members!



Year 9 Neighbourhood Connections Project

Year Nine students are invited to join our local community initiative at the Old Church on the Hill in Quarry Hill, facilitated by Neighbourhood Collective.

This engaging program offers activity-filled sessions every Friday for the remainder of Term 1. It connects students from BSE with older members from the Spring Gully Retirement Village. Our goal is to foster community bonds, enhance emotional well-being for both generations, combat social isolation, and boost confidence in community engagement—a valuable asset for Year 10 work experience and part-time employment seekers.

Activities like puzzles, colouring, board games, gardening, and cooking will help bridge the generation gap, ensuring meaningful connections. Students will be supported by both BSE staff as well as the facilitator from the Old Church on the Hill to start building connections.

The sessions will run during periods 1 and 2 each Friday so some classes will be missed.

For more information please contact Eve Ritchie - Year Nine Engagement Advisor



BENDIGO SOUTH EAST COLLEGE CAREERS + PATHWAYS

		Compulsory Work Experience	Compulsory Pathways Activities @ BSE
Pathways WEEK 1	June 17 - June 21	ALEXANDRA + ROSALIND	FORTUNA + SHAMROCK
Pathways WEEK 2	July 29 - Aug 2	FORTUNA + SHAMROCK	ALEXANDRA + ROSALIND

WHAT'S NEW
on the Careers+Pathways@BSE site -

<https://sites.google.com/bse.vic.edu.au/careerspathwaysbse/whats-new>

CHECK OUT

New work experience opportunities
New job opportunities
New Defence Force opportunities
New training opportunities
New excursion opportunities



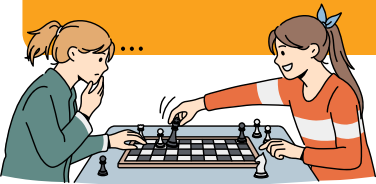
BSE Weekly Activities



CHESS CLUB

Chess Club
in the Library

Wednesdays at Lunchtime



HOMEWORK CLUB

Each Monday
3:30pm - 4:30pm
In the Library.



JUST DANCE

With Mrs Seery in the
Theatre. **Friday**
Lunchtimes.

Table Top Games

Every Friday in the
Library.

ALL year levels welcome.



CHAPTER CHAT

Book Club

Mondays in library
at recess.



TERM ONE

EVENTS SCHEDULE

2024

**MON
11TH
MAR**

**LABOUR DAY
PUBLIC HOLIDAY**

HARMONY DAY

**TUES
19TH
MAR**

**THUR
28TH
MAR**

CROSS COUNTRY

BSE COLOUR RUN

**THUR
28TH
MAR**

**THUR
MAR
28TH**

LAST DAY TERM ONE

COMMUNITY NOTICE BOARD



RAW Arts Awards 2024

ENTRIES ARE NOW OPEN

Training Wednesday nights. Quarry Hill rec reserve 5-6pm.



GOLDEN SQUARE
FOOTBALL NETBALL CLUB - JUNIORS



* **GIRLS FOOTY** *

D.O.B
Under 15's 2009,2010,2011
Under 12's 2012,2013,2014



Come join us for a kick and meet the coaches.

All new and existing players welcome!


To register interest or any enquiries, scan the QR code or contact Sarah. gsfncjuniors@yahoo.com.au

D.I.Y

Drop in for *Youth*

Find out more about accessing mental health support.

1st and 3rd Thursday of each month between 3:30pm - 5:00pm



- meet and greet with a psychologist
- ask any questions
- find out more about what to expect from therapy
- understand how to navigate the 'mental health system'
- find out what supports are available

FREE drop in session @ Get Psych'd Youth Psychology
co-located at the YO Bendigo Youth Facility 45 Mundy Street, Bendigo
15 minutes. 1 on 1 time. No appointment needed.
Parents/carers welcome. Get in touch - 03 4416 3221

2024 Storm Under 15s Girls Football

If you interested in having a kick, making new friends and joining a great club come and be a part of the Storm team.

We still have capacity to take on more players in our Under 15s girls team. (birth years 2009/2010/2011).

Come and join the girls at their 2nd training session this Sunday, 9:45am at the Catherine McAuley College, Trotting Terrace - Junortoun.

For more information please contact our registrar at junioregistrar@strainsstorminc.com.au.

Please share this post to anyone that may be interested in playing in 2024.



UNDER 15 GIRLS PLAYING SPOTS STILL AVAILABLE



PLAYERS WANTED



CONTACT

registerflamesjnc@gmail.com



COMMUNITY NOTICE BOARD

McLean's Martial Art



Karate Classes



TWO INTRODUCTORY LESSONS.

Are you ready to get serious? **LET'S GET Training** IDEAL FOR EVERYBODY OF ALL AGES

Where : The IronBark Tennis Club Community Hall ,
230-238 Don St Ironbark,
(Bendigo)

When : Wednesdays 6pm-7pm
Saturdays 9:30 am -10:45am
IDEAL FOR EVERYBODY ,OF ALL AGES.
•61432-303 901





BENDIGO INTERNATIONAL MADISON 2024




8-10 MARCH LONG WEEKEND

www.bendigomadison.com.au (Online tickets only)

PROVIDED SUPPORTED BY:        

FOLLOW US  

D.I.Y

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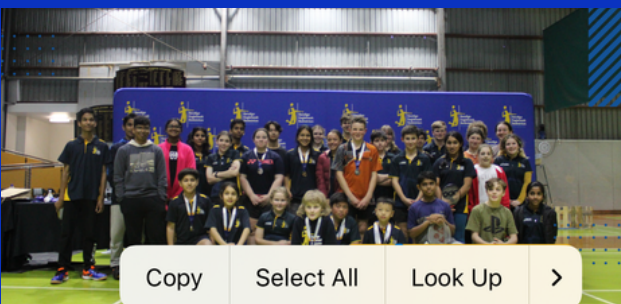


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COME AND TRY

JUNIOR BADMINTON

WHERE: 140 VICTORIA STREET, EAGLEHAWK

AGES: 5-18

FIRST NIGHT IS FREE

UNDER 12 TRAINING 6:15-7:15PM
UNDER 18 TRAINING 7:30-8:30PM
SCHOOL TERMS ONLY

FRIDAYS

JUNIOR COMPETITION 6:45-8:30PM
SCHOOL TERMS ONLY

CALL 0499 731 811 TO ENQUIRE TODAY



Now taking expressions of interest

Strikers Netball is now taking expressions of interest for the 2024 Winter Season. We are looking for players aged 9 – 18 to play the competitive junior season to represent us.
Possible opportunity for Grade 3 team.

If you or someone that you know wants to learn how to play netball, make friends in a supportive and fair club, and hone your skills in a competitive season please email us;

strikeretball@gmail.com

 @ Strikers Netball Club

With your name, age, contact information and experience.

KOORIE YOUTH FLICK FEST 20 24



Open to Aboriginal
young people aged 25
and under

Living in
Central Victoria

Entries close
Monday
May 6

2 winners to be announced

\$1,000 for each winner

Films must focus on the theme of
'Our Generation'

& must be no longer than 3 minutes

This competition is open to anyone with a smartphone,
tablet or camera and who has a story to tell.

— no fancy equipment or big budget is needed!

The local judges are looking for films that highlight
story-telling, creativity, originality and local stories,

& less on production quality or effects.

Registration
form, submission
and guidelines
via QR code

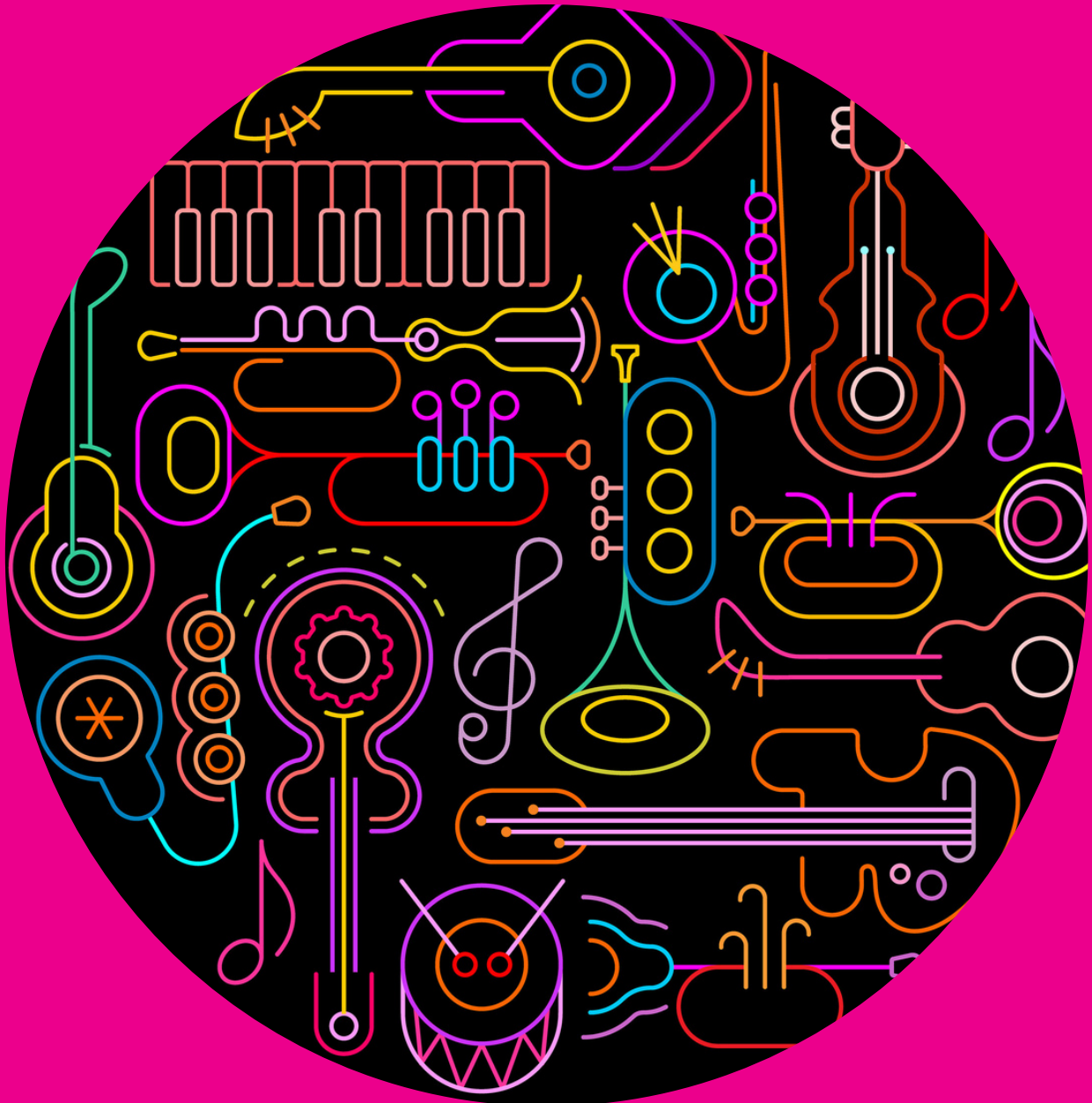


More info: contact Fiona
f.machin@bendigo.vic.gov.au
or 0448 298 971

Proudly brought to you by



PLAY MUSIC



Learn an instrument

Make new friends

Challenge yourself

IN 2024

For More Information: Scan the QR Code and take the survey.

or

Contact Gavan at: admin@bimp.org.au



ROYAL AUSTRALIAN
NAVY BAND

MELBOURNE



**Fundraising Concert
featuring**

Royal Australian Navy Band & Bendigo Music Students

Ulumbarra Theatre

10 Gaol Rd, Bendigo VIC 3550

12th March @ 7.30pm

Tickets adult \$25 / conc. \$15

www.gotix.com.au

For more information phone 03 5434 6100





PARADE COSTUME FITTINGS

**AGED 8 OR OLDER AND WANT TO BE IN
THE EASTER PARADE?**



**Pop in with your family and friends and see us at 13
Bridge Street, Bendigo every Tuesday & Thursday from
4pm - 6pm and Saturday & Sunday from 2pm - 5pm until
Easter to register!**

Benefitting the health and wellbeing of our Bendigo school children

Fresh Fruit Program in local schools

Proudly funded by:



@mckernsteelfoundation

